

# Personal Training Available...



- Tired of the same workout?
- Sick of not losing weight?
- Lack of motivation?
- Ever considered Personal Training?
- Buddy training available! Twice the fun, Half the price.
- Tired of what you see in the mirror?
- Ever wondered what the best version of you looked like?
- Sick of putting in the hours and not seeing a change?
- Got an issue with your teeth...you see a dentist, feel under the weather...you see a doctor, got an issue with weight...see us!

Ask at  
reception  
for more  
details

**PURE**   
**FITNESS**